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Monthly Newsletter February 2011

In This Issue:

Julie Tarrant MCSP is attempting to run in her first London Marathon!

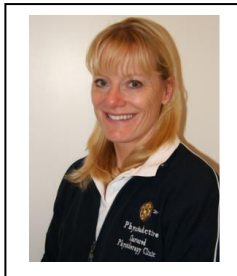
Hydrotherapy news

Acupuncture specialist

Dear Client

Welcome to the first issue of *Physioactive's Newsletter*, our new monthly e. publication.

We will inform you of any special offers we are running and the services the team here at PhysioActive can offer you.



Julie Tarrant Physiotherapist will be running in The London Marathon on 17th April. Julie is running for the British Heart Foundation whose research helped her uncle beat the disease 12 years ago. She says ' I would really appreciate your support and thank you for any donations you are able to give.' Contact Julie or Rachaela at Physioactive 01903 787300 or donate directly to <http://uk.virginmoneygiving.com/JulesTarrant>



Nicky Sykes, Physiotherapist, will be offering Hydrotherapy. Hydrotherapy (water based exercises) can help with a wide range of musculoskeletal problems including arthritic joints, back pain, weakness or reduced movement following joint replacement, hip, knee and shoulder operations. It is also beneficial at improving balance and core stability. Please contact us Rachaela on 01903 787300 for more details.



Claire Yuill, Physiotherapist, has gone through training in anatomy, physiology and pathology far exceeding that of non-medical professionals who practice acupuncture. Our skills in musculoskeletal diagnosis and treatment, our ability to provide advice on self-treatment and our highly regarded knowledge on prevention makes the Physiotherapist the obvious acupuncture professional. Our practice is therefore scientific based, using traditional acupuncture methods.

Quick links:

Our Website; <http://www.physio@physioactive.co.uk/>

This Months Special Offer: Wheatpacks £19.99-large size for necks,shoulders and backs

Services we offer: [PhysioActive - Chartered Physiotherapy Clinic - Our Services](#)

Meet the Team: [PhysioActive - Chartered Physiotherapy Clinic - Meet The Team](#)